



Lunch Menu Summer and Fall 2017

green salads

large 9.75 small 7.25

garden..... gourmet lettuce mix, tomatoes, cucumbers, carrots, scallions, croutons, radish sprouts, your choice of dressing VEG

greek..... gourmet lettuce mix, tomatoes, cucumbers, roasted red bell peppers, red onions, kalamata olives, feta cheese, croutons and mediterranean dressing VEG

farm..... gourmet lettuce mix with candied walnuts, red onions, sliced apple, feta cheese, crumbled bacon, croutons, your choice of dressing

romaine..... crispy romaine lettuce tossed with creamy garlic dressing, parmesan and croutons VEG

specialty salads

large 10.75 small 8.50

asian salad..... rice noodles, shredded carrots, tofu, scallions, sunflower sprouts, peanuts, cilantro in peanut ginger dressing on a bed of chinese cabbage GF VEG

chicken salad..... shredded chicken, apples, dried cranberries, celery and red onions in a savory dressing on a bed of lettuce topped with radish sprouts, ranch dressing on the side GF

southwest salad..... black bean fritters on chopped romaine with a sweet corn relish, served with cilantro cream GF VEG

the chicken and the egg..... chopped grilled chicken, hard boiled egg and apple with blue cheese and sunflower sprouts on a bed of lettuce with avocado aioli and balsamic vinaigrette GF

zucchini fritters..... fritters served with goat cheese on a bed of greens with roasted tomato vinaigrette VEG

soups

large 7.75 medium 5.00 small 3.50
choice of foccacia bread or a gluten free blue corn muffin

french onion..... caramelized onions in a rich beef broth served with swiss cheese and croutons

carrot coconut..... a rich, slightly sweet puree with fresh carrots and coconut milk GF VEG

green chile stew..... zesty vegetarian stew with carrots, corn, potatoes and tomatoes in a rich broth of pureed chiles GF VEG

miso..... made-to-order organic red miso with mushrooms, tofu and scallions. *not available in small* VEG

GF gluten free VEG vegetarian

pita sandwiches

9.25 *served with tortilla chips - substitute fries or a side salad for \$1.50 extra*
Gluten free bread is available for an extra \$1.00

farm club..... chicken breast, bacon, swiss cheese, red onion, lettuce, herbed aioli

harvest..... cucumbers, herbed feta cheese, carrots, red onions, radish sprouts, lettuce and avocado aioli VEG

spicy tofu..... seasoned tofu, pepper jack cheese, tomato, cucumber, radish sprouts and harissa aioli VEG

turkey..... turkey breast, swiss cheese, red onions, radish sprouts, lettuce and avocado aioli

half & half..... your choice of any half-sandwich with either side salad or 4 ounce soup (miso excluded)

the hot line

served with french fries or side salad, optional extras listed below

hamburger * 11.75

local grass fed beef grilled to order on a house made bun with lettuce, onion, and pickles

harissa grilled chicken sandwich 11.25

grilled chicken breast with slightly spicy harissa aioli and swiss cheese, on a house made bun with lettuce, onion and pickles

bratwurst 10.25

grilled local pork bratwurst, served on a house made bun with sauteed onion, peppers and mustard aioli.

steak finger basket 9.50

grass fed tenderized beef steak fingers, served with ranch dressing and pickles.

black bean burger 9.25

local black beans blended with oats, zucchini, carrots and southwest spices, served with cilantro cream on house made foccacia. *for a gluten free option, please order without the bun.* VEG

1.00 extras: cheddar, swiss, sauteed onions, sauteed mushrooms, green chile

2.00 extras: bacon, blue cheese

fillies and colts

5.50 for your kid's choice of:

steak fingers with french fries

kid's combo pita triangles, carrot and celery sticks, sliced apple, chicken breast and ranch dressing

pasta with butter and parmesan cheese

daily chalkboard specials

grilled pizza

individual house made pizza grilled thin and crispy

chef's choice pasta

savory pasta dishes served with house made foccacia bread

panini

grilled sandwich with your choice of side salad or fries

wild card

the you-never-know-what's-gonna-hit-us-today special