Lunch Menu

## Green Salads

large $\mathbf{1 2 . 0 0}$ small 9.00
garden..... gourmet lettuce mix, tomatoes, cucumbers, carrots, scallions, croutons, radish sprouts, your choice of dressing VEG
greek..... gourmet lettuce mix, tomatoes, cucumbers, roasted red bell peppers, red onions, kalamata olives, feta cheese, croutons and mediterranean dressing VEG farm..... gourmet lettuce mix with candied walnuts, red onions, sliced apple, feta cheese, crumbled bacon, croutons, your choice of dressing
romaine..... crispy romaine lettuce tossed with creamy garlic dressing, parmesan and croutons veg

## Specialty Salads

large 14.00 small 12.00
asian salad..... rice noodles, shredded carrots, tofu, scallions, sunflower sprouts, peanuts, cilantro in peanut ginger dressing on a bed of napa cabbage GF VEG chicken salad..... shredded chicken, apples, dried cranberries, celery and red onions in a savory dressing on a bed of lettuce topped with radish sprouts, ranch dressing on the side GF
southwest salad..... black bean fritters on chopped romaine with a sweet corn relish, served with cilantro cream GF VEG
the chicken and the egg..... chopped grilled chicken, hard-boiled egg and apple with blue cheese and sunflower sprouts on a bed of lettuce with avocado aioli and balsamic vinaigrette GF
zucchini fritters..... fritters served with goat cheese on a bed of greens with roasted tomato vinaigrette VEG

## Soups

## Cup \$6 Bowl \$8

choice of focaccia bread or a gluten free blue corn muffin french onion..... caramelized onions in a rich beef broth served with swiss cheese and croutons
carrot coconut..... a rich, slightly sweet puree with fresh carrots and coconut milk GF VEG
green chile stew..... zesty vegetarian stew with carrots, corn, potatoes and tomatoes in a rich broth of pureed chiles GF VEG
miso.....made-to-order organic red miso with mushrooms, tofu and scallions. VEG

## daily chalkboard specials

grilled pizza<br>individual house<br>made pizza grilled<br>thin and crispy

| chef's choice pasta | panini |
| :---: | :---: |
| savory pasta dishes | grilled sandwich |
| served with house | served with |
| made focaccia bread | side salad or fries |

> wild card
> the you-never-knowwhat's-gonna-hit-us today special

Add 10\% for to-go orders.
Parties of 8 or more may be subject to an $18 \%$ gratuity
*These items can be cooked to order and may contain raw or undercooked ingredients.
Consuming raw or undercooked meats, eggs, poultry, or fish may increase your risk of food borne illness.

